

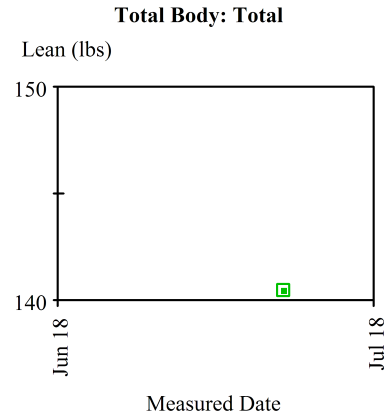
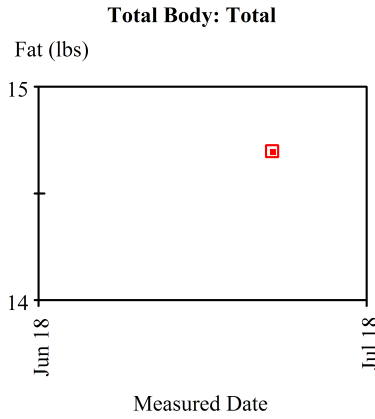
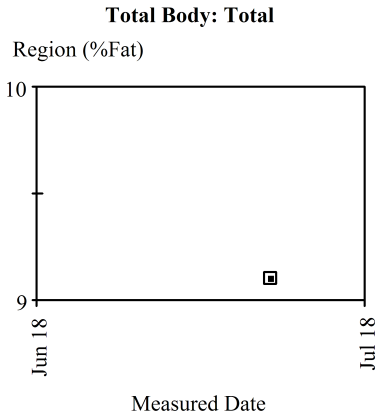


Client	Sex	Ethnicity	Birth Date	Height	Weight	Measured	Scanner Type
cem, 041477	Male	White	4/14/1977	65.6 in.	159.6 lbs.	6/22/2018	ME+210247

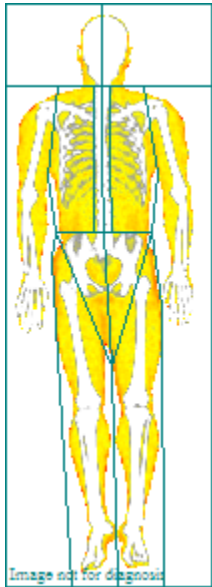
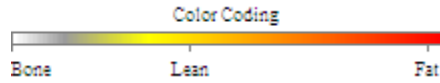
Body Composition History (Region: Total)

Measured Date	Change vs.			Change vs.			Change vs.			Total Region %Fat (%)	BMC (lbs)
	Total Mass (lbs)	Baseline ()	Previous ()	Fat Mass (lbs)	Baseline ()	Previous ()	Lean Mass (lbs)	Baseline ()	Previous ()		
6/22/2018	161.6	baseline	-	14.7	baseline	-	140.5	baseline	-	9.1	6.4

BMC = Bone Mineral Content



Compsition Analysis





Lunar iDXA

Fitness Institute of Texas

Bellmont Hall Rm 966

Austin, TX 78712

Phone: 512-471-0081

Body Composition History (Region: Arms)

Measured Date	Total Mass (lbs)	Change vs.		Fat Mass (lbs)	Change vs.		Lean Mass (lbs)	Change vs.		Region %Fat (%)	BMC (lbs)
		Baseline ()	Previous ()		Baseline ()	Previous ()		Baseline ()	Previous ()		
6/22/2018	22.9	baseline	-	2.3	baseline	-	19.6	baseline	-	10.1	1.0

BMC = Bone Mineral Content

Body Composition History (Region: Legs)

Measured Date	Total Mass (lbs)	Change vs.		Fat Mass (lbs)	Change vs.		Lean Mass (lbs)	Change vs.		Region %Fat (%)	BMC (lbs)
		Baseline ()	Previous ()		Baseline ()	Previous ()		Baseline ()	Previous ()		
6/22/2018	49.7	baseline	-	4.6	baseline	-	42.8	baseline	-	9.2	2.3

BMC = Bone Mineral Content

Body Composition History (Region: Trunk)

Measured Date	Total Mass (lbs)	Change vs.		Fat Mass (lbs)	Change vs.		Lean Mass (lbs)	Change vs.		Region %Fat (%)	BMC (lbs)
		Baseline ()	Previous ()		Baseline ()	Previous ()		Baseline ()	Previous ()		
6/22/2018	78.0	baseline	-	5.8	baseline	-	70.3	baseline	-	7.5	1.9

BMC = Bone Mineral Content

Body Composition History (Region: Android)

Measured Date	Total Mass (lbs)	Change vs.		Fat Mass (lbs)	Change vs.		Lean Mass (lbs)	Change vs.		Region %Fat (%)	BMC (lbs)
		Baseline ()	Previous ()		Baseline ()	Previous ()		Baseline ()	Previous ()		
6/22/2018	9.8	baseline	-	0.6	baseline	-	9.1	baseline	-	6.1	0.1

BMC = Bone Mineral Content

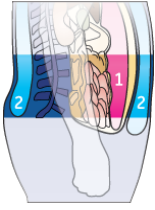
Body Composition History (Region: Gynoid)

Measured Date	Total Mass (lbs)	Change vs.		Fat Mass (lbs)	Change vs.		Lean Mass (lbs)	Change vs.		Region %Fat (%)	BMC (lbs)
		Baseline ()	Previous ()		Baseline ()	Previous ()		Baseline ()	Previous ()		
6/22/2018	22.8	baseline	-	1.8	baseline	-	20.3	baseline	-	8.0	0.6

BMC = Bone Mineral Content



Abdomen Composition

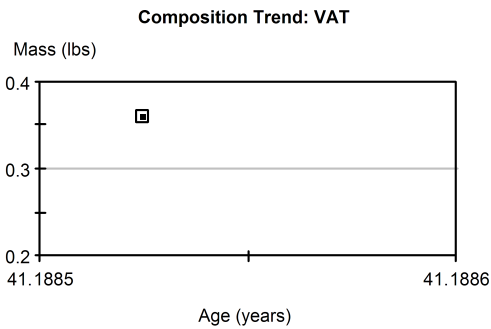


Adipose Tissue
 1 Visceral
 2 Subcutaneous

The Android region is that of the abdomen, and often the body type with increased fat in this area is described as "apple shaped." The Gynoid region is that around the hips and thighs and often the body type with increased fat in this area is described as "pear shaped." Understanding where fat is stored on the body is recognized as an important predictor of the potential health risks of obesity.

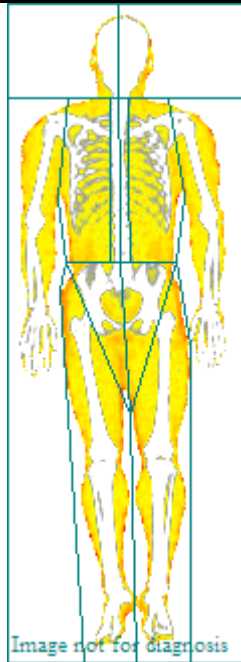
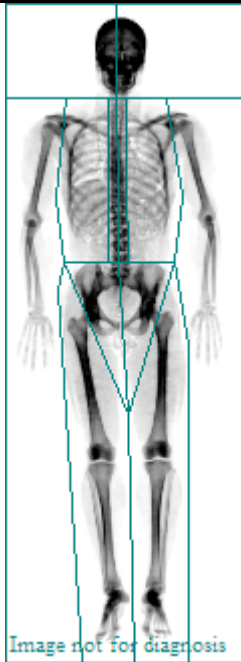
CoreScan estimates the VAT (Visceral Adipose Tissue) content within the android region, VAT is a specific type of fat that is associated with several types of metabolic diseases such as obesity, metabolic syndrome, and type 2 diabetes. CoreScan results have been validated for adults between ages 18–90, and with a BMI in the range of 18.5–40.

Visceral Adipose Tissue (VAT)

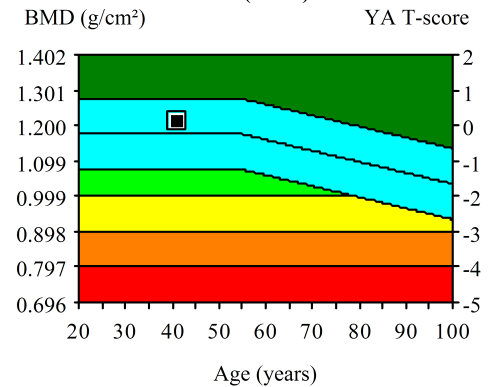


Date	Age	Fat Mass (lbs)	Volume (in ³)
6/22/2018	41.1	0.36	10.68

Total Body BMD



USA (Combined NHANES/Lunar) Total Body: Total (BMD)



Region	BMD g/cm ²	Young Adult T-score	Age Matched Z-score
Total	1.210 g/cm ²	0.1	0.3